

HOMESCHOOL PE @ THE CHUCK

in Peachtree City, GA (20 MIN. SOUTH OF THE AIRPORT)

GETTING KIDS ACTIVE AND KEEPING THEM MOVING

MISSION: Promoting **lifelong wellness** by engaging students in physical fitness and sports skills while earning GA State Physical Education requirement

LOCATION: “The Chuck”—a full size, all-synthetic turf field, just like the GA DOME

CLASS OBJECTIVE: Provide a structured, standards-based Physical Education instruction to ages PreK 3- 8th grade

COST: 55\$/month for 2-day/week program

40\$/month for Friday only program

\$35 registration and equipment fee

SCHEDULE: First Semester begins **September 7, 2010**

Second Semester begins **January 3, 2011**

OPEN HOUSE: August 11, 2010, 10AM

HOMESCHOOL PE Alignment with Georgia Physical Education Standards

Sample Activities and Skills for PreK 3-2nd grade:

Locomotor skills, general space and creative moves, jumping and landing patterns, movement concepts using hoops, aerobic games, beanbag exploration, balance games, catching and throwing, kicking and trapping, jumping, dribbling, volleying, and striking

Sample Activities and Skills for 3rd-5th grade:

Racquets and paddles, hockey, softball, soccer, flying disc, football, stunts and tumbling, volleyball, dance, jump rope, fitness circuits, muscular strength and endurance, flexibility, walk, jog, run, aerobic games, personal best day

Sample Activities and Skills for 6th-8th grade:

Field games, hockey, volleyball, softball, soccer, basketball, golf, frisbee, dance, yoga/power stretching, strength and conditioning exercises, fitness circuits, power walk and jog, cooperative games, choreography, personal fitness plan, President’s Challenge

FOR MORE INFORMATION AND TO REGISTER: Kristen Cordier, Program Director (770) 629-5495

www.homeplate1.com

kcordier@comcast.net

611 HWY 74 SOUTH PEACHTREE CITY, GA 30269